

68S WHOLE 30 NUTRITION- CHALLENGE

DO YOU FIND THAT YOU :

- ARE CONSTANTLY TIRED
- EXPERIENCE DIGESTIVE OR SKIN DISORDERS
- HAVE SEASONAL ALLERGIES
- EXPERIENCE SLEEPLESS NIGHTS
- OR JUST FEEL LIKE YOU WANT TO CLEAN UP YOUR DIET, LOSE SOME WEIGHT AND FEEL MORE HEALTHY?



WHAT WE EAT IS HUGELY RESPONSIBLE FOR THE WAY WE FEEL
AND THE WAY WE LOOK.

REGISTRATION BEGINS ON-LINE MONDAY JAN. 30TH @
WWW.68INSIDESPORTS.COM . MEMBERS \$30, NON-MEMBERS \$50
THE CHALLENGE BEGINS MONDAY, FEBRUARY 13TH
CONTACT [KORY@68INSIDESPORTS](mailto:KORY@68INSIDESPORTS.COM) FOR MORE INFO